

PROJECT TITLE	MENSTRATION HYGENE PRODUCTS DISTRIBUTION TO YOUNG WOMEN IN SECONDARY SCHOOL AS THE WAY OF REDUCE ABSENTEES.
PROJECT LOCATION	MARANGU – KILIMANJARO REGION
ORGANIZATION	FORDERVEREIN- MARANGU
PROJECT START DATE	1 ST MAY, 2021
END DATE	TO THE PRESENCE
DEPARTMENT	EDUCATION DEPARTMENT
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AMOUNT REQUESTED	\$

BACKGROUND INFORMATION

Investment to next generation especially girls is something everyone must focus on. It is all about reusable sanitary pads. Advance menstruation health and education for women and girls at school should be insisted for the better future. Girls can miss many days of school because of their periods, [UNICEF-TANZANIA.2020]. Most of girl's students use old cloth, leaves, cotton wood which causes infection and most of them staying out of school totally, [BEAT].

Every year, January 24 is an International Day of Education though about 130 million of girls between ages 6 and 17 don't attend school. And about 15 million of girls who are now in primary school are likely never in their lives sit behind the desk in the classroom at school. Although in wealthy western countries, girls are often ahead of boys in academic achievements, in poorer regions of the world, especially in sub-Sahara Africa girls are much more likely to fall behind or not at all school goes, [UNESCO, 2020].

Zero waste Europe experts estimate that a menstruating woman uses up to 32 pads or tampons per cycle and 416 per year. This go to the damp and decompose for more than 450 years. The problem with pads and tampons is that, their processing unprofitable. Besides, pads and tampons are involved in plastics pollution, contribute to climate change and deforestation. Absorbing core of disposable pads is usually made of wood mass, sodium polyacrylic and polypropylene later, which prevents leaks. Tampons are often sold with plastic application plus each pad and each tampon is packed in individual packaging. This increase the amount of garbage created even more. The woman who uses menstruation reusable hygiene products reduces the amount f garbage created by 99%, [source, Greenpeace]

Reduce the number of disposable tampons/pads used by about 528 per person while menstruation hygiene products [reusable pads] will last for many years to come up to 18 months up to 3 years of use/ menstruation hygiene products like reusable pads were suitable for development category and developing countries where woman often have no money to buy hygiene products like pads and tampons.

PROBLEM STATEMENT

Since childhood we were taught that menstruation was something like "ugh". We always so afraid for the leaking. We forget that menstruation is completely normal, this topic cannot be

taboo, and we need to talk about this as openly as possible. Blood we lose is also totally normal and not disgusting at all.

In healthy conditions, menstrual blood does not have a bad odor [smell]. Menstrual blood does not smell like anything other than the normal smell of blood. The bad smell that some of us have come to associate with menstruation actually comes from the chemicals inside of a disposable pads, this is why most disposable pads are heavily scented with artificial fragrances, [I am All me].

Providing these young women with reusable sanitary pads will allow them to stay in school during their periods so they do not miss out on vital parts of their education, therefore will give them a higher chance at finishing school.

Giving pads to these girls is giving them freedom so that they can achieve whatever they want to achieve, [Freweinin, 2009]. Disposable sanitary products are very expensive and often unavailable. Therefore, almost 80% of girls' students in secondary school don't have access to the menstrual supplies they need to manage their periods. Not every girl or young woman even women can afford to buy sanitary disposable/reusable products because it's too expensive to afford it every month. So, when period knock the door such girl students are left with no option but to use Kanga, Mattresses, grasses, leaves and etc. Sometimes they just change underwear several times which make them to decide to stay at home until the menstruation period is over and this cause them to be absentees at schools and moreover they can drop out of schools forever.

So, SAFARI NA MSICHANA project will distribute reusable pads as stepping to ensure girls are educated comfortable and safe environment without thought of the time of menstrual periods. Today, FORDERVEREIN- MARANGU introduce SNM Reusable Sanitary Pads which will be distributed to many young women at secondary school in Marangu village and few primary school. This is the way of keeping girls in school as our main goal, educating them on sexual health will reduce the risks of absentees at school for mostly of girls' students during menstruation period.

PROJECT GOAL

The project aims to reach all girls students at Marangu village [Vunjo district] by starting with five [5] secondary schools and three [3] primary schools.

Introduction of reusable hygiene products help to promote girls right to education because it reduce truancies during menstruation period enable girls to stay comfortable and safe during menstruation period and avoid fear. Reduce of cost because disposable pads are expensive for most of girls to afford it every months of the life and hinder them on attend to school during menstruation period.

PROJECT OBJECTIVES

1. To empower girls students through reduce of far and confidence increase during menstruation period.
2. Reduce of truancies to girls students during menstruation period through introduction and distribution of reusable sanitary pads.
3. Save the environment which is surrounding the mountain Kilimanjaro through minimize or end the use of disposable sanitary pads/tampons inn our environment by replace it with reusable sanity pads which is environment friendly.

PROJECT PURPOSE

The purpose of this project is reduce the problem of truancies and other challenges that occurs during menstruation period and hinder girl's education. Capacity building and confidence to girl's education at school are the main purpose toward girl's achievement before, during and after menstruation period. Teaches, boys and girls at school, school administration, districts officer, community member and other stake holder shall be implemented it.

PROJECT ACTIVITIES

- Building of sustainable mechanism in this program f distribution of reusable pads to every girls students in different school at Marangu Village [Vunjo District]
- Provision of education t girls students on important of use reusable pads to themselves to other and to the environment at large.
- Conduct a teacher training in collaboration with Education Officers on the important of uses reusable pads and on helping girls students during menstruation period and to ensure girls students are stay at school.
- At the end of every training /workshops each girls students receives a bag that contains,
 1. 2 Heavy SNM reusable sanitary pads

2. 2 Medium SNM reusable sanitary pads
3. 1 Small SNM reusable sanitary pads
4. 1 small bag for store the SNM reusable sanitary pads
5. 1 Simple card written a message from FEDERVEIN MARANGU to the girls.

PROJECT ACTIVITIES	TIME FLAME								
	J U N	J U L	A U G	S E P	O C T	N O V	J A N	F E B	M A R
Stakeholders meeting [Claudia and mama Alpa] and school district Officers, meeting with District Education Officer [DEO].									
Meeting with Village education officers [VEO] plus Head of school and school management teams for the introduction of the project of SNM reusable sanitary pads									
A training/workshop to teachers on the uses of SNM reusable sanitary pads in order to own the projects and help girl students during menstruation period.									
Students training on the uses of SNM reusable sanitary pads to themselves and to the environment and the challenge faces girls during menstruation and how to overcome it like stomach pain, fear, uncomfortable and etc. distribution of SNM reusable sanitary pads to every girl students at Darajani secondary school.									
Workshop /training and distribution of SNM reusable pads to few girl students at Mazoezi Primary school standard 6 and 7 and Parangeni primary school.									
Workshop /training and distribution of SNM reusable pads to few girl students at Mengeni Primary school standard 6 and 7.									
Workshop /training and distribution of SNM reusable pads to few girl students at Rasesa secondary school and Sakayo Mosha secondary school									
Workshop /training and distribution of SNM reusable pads to few girl students at Makomu secondary school and Mlang'a secondary school.									
Workshop /training and distribution of SNM reusable pads to college students at Marangu Teacher Training college.									
Evaluation and Reporting									

MONITORING AND EVALUATION

Safari na Msichana [SNM] project stakeholder will submit reports to the Donor [sponsors] FORDERVEREIN –MARANGU which include financial and social aspects of the beneficiaries. The project aim is to promote the right to girl's education for gender equality which enable girls to attend schools during menstruation period with confidences and fearless.

The project is endless and it will always be supported by two questions of course;

1. What different did the project make to young girl students?
2. How did the projects make different to young girl students?

Moreover the project SNM reusable sanitary pads will contain;

- Project documents proposal, monthly reports
- Field visit to school
- Consultations with project partners [education Officers]
- Consultations with project stakeholder SNM who includes teachers, school headmaster/headmistress, school management.
- School Observations toward SNM reusable sanitary pads.

PROJECT SUSTAINABILITY

The projects of distribution of SNM reusable sanitary pads is continuation from one school to the next with the help from FORDERVEREIN –MARANGU and they will be the main sponsor of the project SNM reusable sanity pads to many students at Marangu Village [FORDERVEREIN –MARANGU] from HAMBUGY –GERMANY.